

DISCOUNTS for SFBMA Members are available at the following places. Patronize these friendly establishments! And look for *Cognition* at these hot spots!

The following bike shops give 10% discount on parts to SFBMA members:

- Foxy Flyer Bike Shop, 3330 Steiner St., SF, 415-674-1910
- Big Swingin' Cycles, 1122 Taraval, SF, 415-661-2462 (also 10% discount on labor)
- Road Rage Bike Rental and Repair, 1063 Folsom, SF, 415-255-1351 (also 15% discount on labor)
- Freewheel Bike Shop, 1920 Hayes St., SF, 415-752-9195 and 980 Valencia, SF, 415-643-9213
- Pedal Revolution, 3075 21st St., 415-641-1264
- Cycle Sports, 3241 Grand, Oakland, 510-444-7900 (also 10% discount on labor)
- Missing Link, 1988 Shattuck, 510-843-7471, 1963 Shattuck, 510-843-4763

Other Established friendly(s)

- Cassidy's Bar, 1145 Folsom, SF, 415-241-9990—\$2 beer specials M-F, 6-8pm for working messengers 21 & over
- The Sports Basement, 1301 6th St., SF 415-437-1415

HEY, IT'S A NEW YEAR AND THE NEW MEMBERSHIP CARDS ARE HERE. DUES ARE \$50 AYR. OR \$5 A MONTH. PAY YOUR YEARLY DUES IN FULL AND RECIEVE A LAMENTATED MEMBERSHIP CARD AND A SFBMA PATCH, PLUS FREE ADMISSION TO SFBMA EVENTS. SEE YOUR OFFICERS FOR DETAILS.

COMMUNITY

CALENDAR

JANUARY

- THURS 1/10** 7P.M. -- SFBMA GENERAL MEETING AT 255 9TH ST.
- FRI 1/11** 7P.M. -X-S-WOODEN HORSE-SFBMA ART SHOW-622 POLK CHECK OUT GREAT ART BY TALENT AMONG US \$1.50 PBR SPECIAL FOR EVEN THE BIGGEST CRITIC! SHOW RUNS THROUGH FEBRUARY

FEBRUARY

- SAT. 2/2** THE 49 MILE RIDE!! YES IT IS BACK, AGAIN! FOLLOW THE GULL! START: 9AM DUBOCE BIKEWAY MURAL BEHIND SAFEWAY
- THURS. 2/14** 7P.M. -- SFBMA GENERAL MEETING AT 255 9TH ST. COULD BE JUST THE PLACE TO TAKE YOUR VALENTINE
- SAT. 2/23** 9P.M. -- THE JOLLY MOLE-CHARBO, MOLTEN GROG AND CHUMP FROM LA, DUBOCE PARK, RAIN TBA SFBW WELCOMING PARTY SEEKING A FEW TALENTED SHAPEMAKERS CHECK IT OUT, 3:30 CORONA HEIGHTS, BELOW RANDALL MUSEUM, CALL 415.864.2588 FOR MORE INFO
- SUN. 2/24**



CYCLE COURIERS RACING TEAM ROLLS INTO ITS SIXTH YEAR

By Rob (Ginger) Saybolt

The Hancock MOTO Cycle Couriers of San Francisco road racing team is about to begin its sixth year in 2002. We look forward to our best year yet with the continuing support of Hancock Rotherth and Bunshoft Attorneys and the MOTO Development Group, both of San Francisco.

Since the team started as Team Zap in the mid-'90s with a handful of couriers, it has grown to include some 50 members, past and present couriers and non-messengers alike. Nine women race with the team and it is looking to add more women, particularly couriers.

The road season gets underway soon. Races begin in January with the Fremont Early Bird Criteriums. These are really practice races in which folks new to racing can get used to riding in a pack and get pointers from experienced racers. The Early Birds are also a good time to work on the team tactics so essential to success in road racing.

The Hancock MOTO team races from January to early September, as far away as Eugene Oregon and as near as Levis' Plaza, downtown Oakland, and Burlingame. Riders go on rides together on weekends and support each other getting to and from races. We also have regular meetings during the season.

Interested parties can check out the racing calendar @ www.ncnca.org (nor-cal Nevada) or talk to team members Ginger of Taylor Price, Jason or Stephan of All City, Swerv of Western, Erick Rapisura of Speedway, or Bernie Corace of Godspeed.

COMING SOON TO A BAR OR PUBLIC SPACE NEAR YOU: GOLD SPRINTS!

By Rev. Jim Kaiser

The international messenger funsation, GOLDSPRINTS, are coming to our town! As the initiated know, these are the third favorite indoor messenger sport after sex and drinking. While the cheering dissipates, we can explain to the uninitiated just what they are. Two bikes on rollertrainers, side by side, with forks locked into stationary stands. Their riders take off from a standing start as the crowd erupts in fanfare and pageantry. Computers monitoring the rear wheels count off elapsed distance.

The first rider to the predetermined "finish line" takes the heat. In the shakedown cruise (an aptly figurative and literal phrase for events of a few weeks ago as my carpentry skills were called into question), it seemed like 300 meters was a good distance. It was just enough for the adrenally explosive start to fade into punishing lactic acid buildup and beer withdrawal. A normal heat probably only lasts 45 seconds on our setup. Call it a glorified spinning race with crowd participation.

We will have a series of races at different locations throughout the winter, with individual and series winners (male and female, 'course). Keep eyes and ears open for precise dates and times. These are well-suited for fast fixie riders, but any rider has a chance. And DON'T PEDAL BACKWARDS on roller trainers or Rev. Jim will have an aneurysm.

Peaceout and see you on the podium (you on it and me giving you a medal and a smooch),

Rev Jim,
Cupid Courier Collective Productions

PRESIDENT'S REPORT

BEER AND LOATHING AT INTERBIKE

By Damon Votour

THE PLACE: LAS VEGAS. THE EVENT: INTERBIKE. Myself, Boston Dave, Lil Chris, James, Brue Richie Ditta, and Danny Boy descended upon Sin City after a few hours of driving through the desert and proceeded to initiate a cavalcade of self abuse, debauchery, and serious cycling. We stayed at a place called, fittingly enough, The Vagabond, across the street from a casino called Treasure Island, that had a big pirate boat and an English warship that would do hourly battles in this fake ocean in front of the casino. The pirates always won! When we arrived, we met up with Jesse Sherman and some other Boston Blackouts, John Kenda Jon Bailey, and some messengers from Minneapolis. Groundskeeper Al showed up, Dave Dr. Death, Erik Zo and his dad Holland, and Toby Trophy Boy were also representing SF.

The Interbike convention itself was overwhelming (imagine two Moscone Centers full of top of the line bike stuff and all the bike geeks you could imagine). Our crew kind of stood out. We were armed with Milwaukee's Best, mingling with retailers, frame and wheel builders, and we represented our messenger culture as not only working cyclists, but informed consumers whose opinions should be noted and heard. Some of the representatives of some of the biggest bike companies were sincerely interested in how their products fared, from a messenger perspective. Meanwhile, at the hotel, behavior was being conducted that would kill a healthy Hunter S Thompson. Some of the highlights were: Li Chris jumping off the third story into the

COGNITION is the newsletter of the San Francisco Bike Messenger Association, an organization dedicated to the improvement of work conditions for SF's Messenger industry.

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Our Offices are located at
255 Ninth Street.

Our home page is at:
<http://www.messengers.org/sfbma/>

and e-mail is: bernie@sfbma.org



Phil Roberts breezes past another racer at a Cycle Couriers race photo Jeff Tse



SFBMA MINUTES



PRESIDENT'S REPORT CONT'D

swimming pool! Brue passing out and having half the hotel tag him with permanent markers (some of the scrawls included "Proud to be a Canadian" and "Windmill Soldier" i.e., the windmills at the end of Golden Gate Park). Me and Jonas from LA managed to make asses of ourselves by running naked down Las Vegas boulevard for five bucks, courtesy of Scott Anderson. There also was a great Alleycat race set up by the Boston guys. It included running into casinos, going to stripjoints, and visiting a crackhouse, among other things. Vegas', only messenger, Nakeela Salazar, won handily. It wasn't just home field advantage, she is damned fast. Brue came in fourth which is pretty good considering the state he was in!!! The finish was at a bar called the double down. They had \$2 Pabst Blue Ribbons and punkrock bands playing. Somehow during the course of events, our beloved Dannyboy managed to wreck and break his ribs (but he's up like a champ now).

On a related note, the benefit show was a raging success. We raised almost \$1800



President Damon getting some zzz's in Budapest, July '01
Photo by Bernie

for our wounded bummies, Becky, Danny and Bok Choy. A big thank you to everyone who helped and assisted, the bands: The Roger Moores, Nappytyme Junction, and Gentleman Jim and the Little Bastards, the SFBMA and ILWU, especially Fred Pecker. It is these things that make the SFBMA what it is; a community that takes care of our own and at the same time not afraid to have a good time in the process. Oh yeah, Messenger Appreciation day was fun and empowering. Veteran of the Year award was given to Michael Freeman and Rookie of the Year award to Nellie Nelson. Michael received a brand new Krypto lock and a case of beer! Nellie got a Black Label, an MGD, an authentic old-issue 1st Legal bag, and sundry other goodies. Onward, in the near future, the SFBMA is hosting an art show that will be opening at 622 Polk, X's, 7 pm on Friday January 11th. \$1.50 PBRs, food, cool art. Submissions are welcome. Contact Damon at 626-1912 (SFBMA office). Also in the near future is the SFBMA film festival. Look for fliers. Also a Team Satan alleycat is in the works. The Dark Lord will be in touch! Also a friendly reminder: don't forget CMWC Copenhagen, so start saving now!

— your bummy president, Damon Votour.

PS The bummy doll was doll-napped in Las Vegas! For those of you who don't know, the doll has been Team Satan, mascot for the last five years. I received a letter from the Boston area with photos of it with a Rottweiler!! And subsequently got email from it??? at bummy-doll@canada.com

Please e-mail these evil doll kidnappers!!!!!! Apparently some people have a lot of time on their hands, they heisted it, took it to canada and then set up an email address!?! Well, whoever took it- they answer back, so go hog wild.....

COGNITION

President: Damon Votour
Executive Director/Editor: Bernie Corace
Secretary: Howard Williams
Treasurer: M. "Rak" Affonso
Layout: Donny Don Don
Masthead Logo: Louie Seastres

ESTABLISHED 1990

The San Francisco Bike Messenger Association was first started as a humorous, yet-in-fer-face, answer to the AMCS; if the owners could have a club, so could we.

WHO WE ARE

We are you, if you are a current or former employee of the SF messenger industry. This includes walker, bicycle, moped, motorcycle, and driver messengers, as well as order-takers and dispatchers.

WHAT WE WANT

We want what is well overdue: appropriate compensation for our efforts. This includes a livable wage, health insurance, sick pay, vacation pay, pension plan, equipment compensation, etc. You know, normal workers' rights.

HOW WE WILL GET IT

We will get it by becoming one unified force, and standing up to the entire industry with our demands. In the past, we have proven that we can stick together to help each other out by holding countless benefits, hosting the best Cycle Messenger World Championships of all time, coming together to pay tribute to fallen comrades, holding toy drives for needy kids, the annual Russian River Ride and even things as simple as creating our own underground social scene each and every day of the week. Now that we have a working agreement with the most powerful union in the Bay Area, the International Longshore and Warehouse Union, we have the experienced backing to stand up in our industry and achieve our goals.

WHAT YOU CAN DO

Volunteer for the SFBMA. You can leave a recording that 415-626-1912. Dues are \$5 each month and may be paid to Damon, Rak, Howard. Attend as many events as you can without becoming obnoxious as starlings.

RUSTY COMPASS

SOMEWHERE TONIGHT IN THIS WORLD
I CAN HEAR YOU BREATHE...
I DON'T KNOW WHERE YOU ARE AND
IT DOESN'T REALLY MATTER - WERE
YOU HERE, YOU'D STILL BE OUT OF MY REACH...
AND IF I DIE BEFORE I WAKE IT
WOULDN'T CHANGE A THING AS FAR
AS WHERE I LOST MY HEART IS CONCERNED...
IN THE BACK OF MY MIND, RICHARD
BURTON IS SPOUTING PONTIFICALLY,
"I WONDER WHAT THE KING IS DRINKING TONITE,
I WONDER IF THE KING WILL GET
STINKING TONIGHT..."
LAUGHTER ONLY YOU WOULD HAVE
CROSSES MY HEART LIKE A GOOSE OVER
MY GRAVE AND I LOOK UP AT THE
NIGHT-TIME SKY AND A THOUSAND WOLVES
ALL OVER THE GLOBE LOOK UP WITH ME AND
BRAY A MOURNING DIRGE THAT RICOCHETS
ABOUT THE INSIDE OF MY SKULL LIKE A
BATCH OF CRAZED HORNETS.
I KNOW I CAN'T BE FINISHED, I
KNOW I STILL GOT LIFE SQUIRTIN' AROUND
IN ME SOMEWHERE...BUT SOMEWHERE
OUT THERE, WHERE-EVER YOU ARE
TONIGHT, I HOPE AN ECHO OF WHAT
YOU USED TO FEEL BOUNCES OFF YOUR
FOREBRAIN AND MAKES YOU REMEMBER
THAT SECRET LITTLE PLACE WHERE WE
USED TO HIDE FROM EVERYTHING.
I HOPE YOU LOOK IN THAT
LITTLE ATTIC ROOM OF YOUR MIND AND
I HOPE IT'S NOT JUST STORAGE
SPACE... I HOPE YOU GO
THERE OCCASIONALLY. I HOPE
YOU SMILE WHEN YOU VISIT THE
CLOSET OF OUR MEMORIES. I HOPE
YOU LOOK UP AT THE SKY AT
NIGHT - AND YOU CAN STILL
HEAR ME BREATHE.

JOEL (HILLBILLY) BOSTIC 31, THE DIRTY-ONE



What's Cookin'?

Carrot Soup with Lovage Serves 4, Source of Recipe, The Yorkshire Pantry, Cooking Time, 10 to 30 mins, Calorie/Fat Count, Energy 265kcal Fat, 11g

Ingredients= 45ml/3tbsp butter, 1 onion, sliced thinly, 8 carrots, sliced thinly salt and pepper, 5ml/1tsp fresh thyme,

chopped, 850ml/1*pt chicken or vegetable stock, 1/3 cup rice, 15ml/1tbsp fresh lovage, chopped fresh cream, fresh parsley, chopped finely, *1 cup = 1ltr/8floz
Method = 1. Melt the butter in a large saucepan. Add the onion and carrot and sauté for a minute or two, stirring frequently. 2. Season to taste. Add the thyme and pour in the stock. Bring to the boil, cover and simmer gently until the vegetables are tender. 3. Add the rice and cook for a further 25-30 minutes until tender. 4. Blend or pass through a vegetable mouli. Add more liquid if the consistency is too thick. 5. Finally, stir in the lovage. 6. Serve the soup with a swirl of cream and garnish with parsley.,

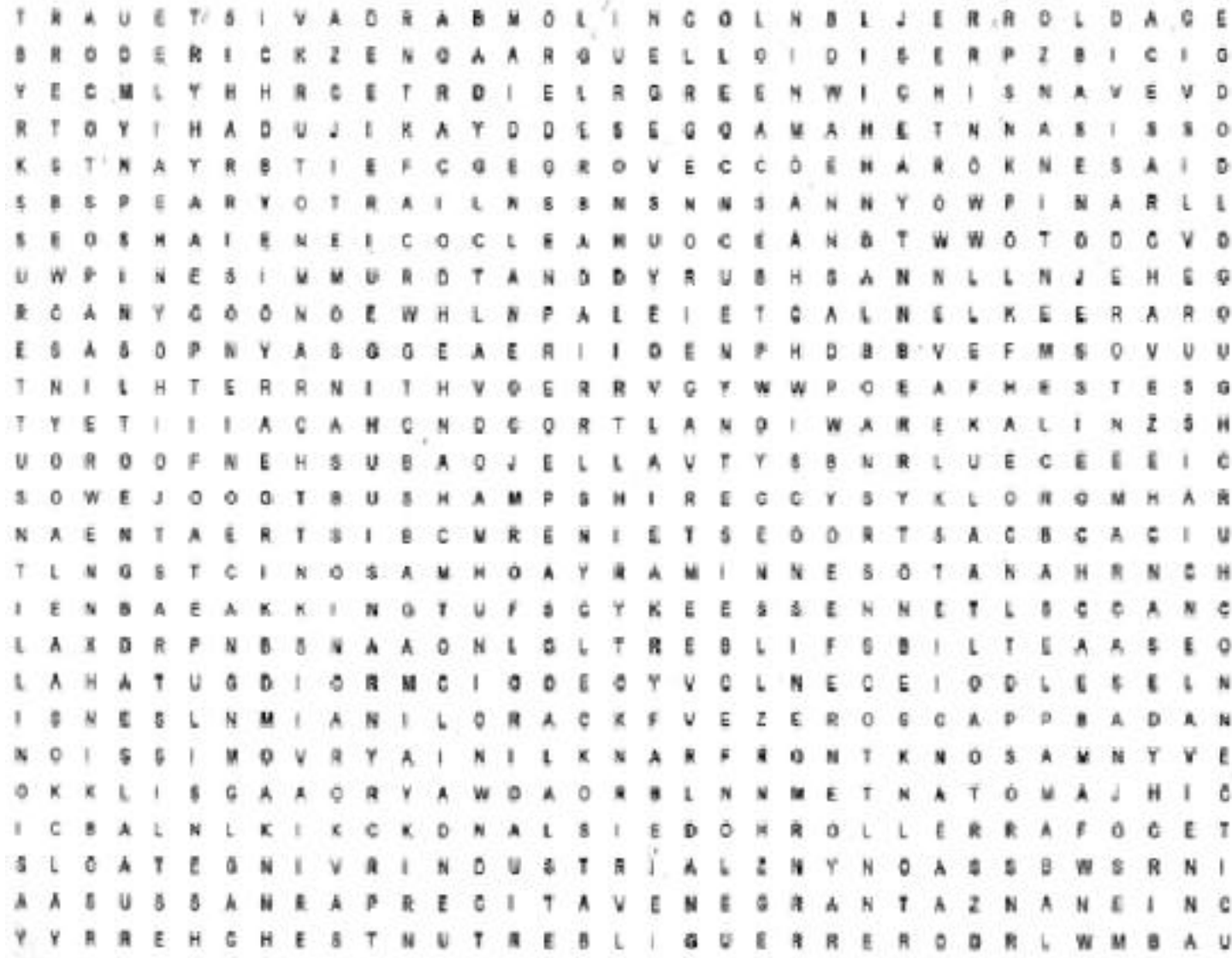
Mexican Rice and Bean Casserole Serves 6, Source of Recipe, British Heart Foundation, Preparation Time, Less than 10 mins, Cooking Time, 30 mins to 1 hr Calorie/Fat Count, Energy 220kcal Fat 6g, "You may want to add a little less chilli or cayenne to this depending on your taste." Richard Perrin
Ingredients = 1tbsp/5ml vegetable oil, 125ml/4floz water, 1 onion chopped, 2 cloves garlic, crushed 100g/4oz mushrooms, sliced 2 green peppers, chopped 125g/5oz long-grain rice, 1 can (796g/28oz) red kidney beans drained, 1 can (540g/19oz) tomatoes 15ml/1tbsp chilli powder, 10ml/2tsp cumin a pinch cayenne pepper, 100g/4oz grated low-fat mozzarella cheese

Method= 1. In large saucepan, heat oil with water over medium heat. Add onion, garlic, mushrooms and green peppers; simmer, stirring often, until onion is tender, about 10 minutes. 2. Add rice, beans, tomatoes, chilli powder, cumin and cayenne; cover and simmer for about 25 minutes or until rice is tender and most of the liquid is absorbed. 3. Transfer to baking dish and sprinkle with cheese. Bake in 180C/350F/Gas oven for 15 minutes or microwave at high (100%) power for 1 to 2 minutes or until cheese melts

Baked Alaska Serves, 10, Source of Recipe, Mary Berry, Preparation Time, 30 mins to 1 hr, Cooking Time, 30 mins to 1 hr, "Impressive to serve but surprisingly easy to make, this makes an instant birthday cake, and you can decorate it with lit sparklers. For the adults, spoon a little booze over the cake." Mary Berry
Ingredients= For the Sponge Base: 2 size 2 eggs, 75g/3oz caster sugar, 50g/2oz self-raising flour. For the Filling: 1tbsp sherry (optional), 225g/8oz strawberries, 1/1*pt strawberry ice-cream. For the Meringue Topping: 4 egg whites, 225g/8oz caster sugar, 50g/2oz flaked almonds, icing sugar

Method 1. Pre-heat the oven to 190C/375F/Gas5. Lightly grease and base line 23cm/9in sandwich cake tin with greaseproof paper. 2. For the sponge, measure the eggs and sugar into a large bowl and whisk at full speed with an electric whisk until the mixture is pale in colour and thick enough to just leave a trail when the whisk is lifted. Sift the flour over the surface of the mixture and gently fold in with a metal spoon or spatula. Turn into the prepared tin and tilt the tin to allow the mixture to spread evenly to the sides. 3. Bake in the pre-heated oven for about 20-25 minutes until springy to the touch and beginning to shrink from the sides of the tin. Turn out and leave to cool on a wire rack. 4. Place the sponge on an ovenproof serving dish, sprinkle it with sherry, if using, then scatter with strawberries, leaving a small gap around the edge. Slice the ice-cream and arrange it in a dome shape over the strawberries. Put into the freezer while you are making the meringue. 5. Pre-heat the oven to 230C/450F/Gas8. 6. To make the meringue, whisk the egg whites at full speed until they are stiff but not dry. Add the sugar, a teaspoon at a time, still whisking at high speed, until all the sugar has been added and the meringue is thick and glossy. 7. Take the cake and ice-cream from the freezer and pile the meringue on top and over the sides, making sure that all the ice-cream and sponge have been covered. Sprinkle over the flaked almonds. Bake immediately in the pre-heated oven for about 3-4 minutes or until well browned. Dust with icing sugar and serve immediately. If you like, you can push lit sparklers into the top to serve. Keep a strict eye on the sparklers when lit and stand the baked Alaska on a large board or tray.

LOCATE THE CORRESPONDING STREET NAMES FROM LIST IN THE WORD MAZE BELOW



- | | | | |
|------------------|--------------------|------------------|-------------------|
| 1. ADAIR | 41. ELLIS | 81. JUDAH | 121. POST |
| 2. ANZA | 42. EVANS | 82. KEARNY | 122. PRECITA |
| 3. ARGUELLO | 43. FELL | 83. KING | 123. PRESIDIO |
| 4. ARKANSAS | 44. FERN | 84. LANGTON | 124. RAUSCH |
| 5. ASH | 45. FILBERT | 85. LANSING | 125. RHODE ISLAND |
| 6. ASHBURY | 46. FLORIDA | 86. LARKIN | 126. RUSS |
| 7. BAKER | 47. FOLSOM | 87. LEAVENWORTH | 127. RUSSIA |
| 8. BALBOA | 48. FRANKLIN | 88. LOMBARD | 128. SACRAMENTO |
| 9. BATTERY | 49. FREMONT | 89. LYON | 129. SAN BRUNO |
| 10. BAY | 50. FRONT | 90. MAIDEN LANE | 130. SANCHEZ |
| 11. BEACH | 51. GEARY | 91. MAIN | 131. SAN JOSE |
| 12. BEALE | 52. GENEVA | 92. MAPLE | 132. SANSOME |
| 13. BERRY | 53. GILBERT | 93. MARKET | 133. SCOTT |
| 14. BIRCH | 54. GOLD | 94. MARY | 134. SILVER |
| 15. BRANNAN | 55. GOLDEN GATE | 95. MASON | 135. SLOAT |
| 16. BROADWAY | 56. GOUGH | 96. MASONIC | 136. SOUTH PARK |
| 17. BRODERICK | 57. GRANT | 97. MC ALLISTER | 137. SPEAR |
| 18. BRYANT | 58. GREEN | 98. MINNA | 138. STEINER |
| 19. BUSH | 59. GREENWICH | 99. MINNESOTA | 139. STEUART |
| 20. CALIFORNIA | 60. GROVE | 100. MINT | 140. STOCKTON |
| 21. CAPP | 61. GUERRERO | 101. MISSION | 141. SUTTER |
| 22. CAROLINA | 62. HAIGHT | 102. MISSISSIPPI | 142. TARAVAL |
| 23. CASTRO | 63. HAMPSHIRE | 103. MISSOURI | 143. TAYLOR |
| 24. CESAR CHAVEZ | 64. HARRISON | 104. MONTGOMERY | 144. TEHAMA |
| 25. CHERRY | 65. HAYES | 105. MOSS | 145. TENNESSEE |
| 26. CHESTNUT | 66. HICKORY | 106. NATOMA | 146. TEXAS |
| 27. CHURCH | 67. HOWARD | 107. NOE | 147. TOWNSEND |
| 28. CLAY | 68. HYDE | 108. NORIEGA | 148. TREAT |
| 29. CLEMENT | 69. ILLINOIS | 109. NORTH POINT | 149. TURK |
| 30. CLEMENTINA | 70. INDIANA | 110. OAK | 150. UNION |
| 31. COLE | 71. INDUSTRIAL | 111. OCEAN | 151. UTAH |
| 32. COLUMBUS | 72. IOWA | 112. OCTAVIA | 152. VALENCIA |
| 33. CONNECTICUT | 73. IRVING | 113. O' FARRELL | 153. VALLEJO |
| 34. CORTLAND | 74. ISADORA DUNCAN | 114. OTIS | 154. VERMONT |
| 35. DAVIS | 75. IVY | 115. PACIFIC | 155. VIENNA |
| 36. DE HARO | 76. JACKSON | 116. PAGE | 156. WASHINGTON |
| 37. DODGE | 77. JEFFERSON | 117. PARNASSUS | 157. WEBSTER |
| 38. DORE | 78. JERROLD | 118. PERU | 158. WISCONSIN |
| 39. DRUMM | 79. JESSIE | 119. PINE | 159. ZENO |
| 40. EDDY | 80. JONES | 120. POLK | 160. ZOE |

PUZZLE NOTE: YOU HAVE TO CIRCLE THESE STREETS ACCORDINGLY

1. ASH or ASHBURY 2. CLEMENT or CLEMENTINA 3. GOLD or GOLDEN GATE 4. GREEN or GREENWICH 5. MASON or MASONIC 6. RUSS or RUSSIA

Promess Bargaining Update

The erstwhile ProMess workers have had some four negotiation sessions with Pro management and some sundry scumbags from Littler Mendelson. So far the prospects are grim. After a year of the company violating (ignoring, re-interpreting, modifying) the contract, we returned to the table hoping to improve things. Our proposal including further simplifying and improving the pay schemes, strengthening our rights, safety, and holiday pay.

The company, on the other hand, proposed cutting pay and slowing the rate of increase, and added a whole range of new powers they claimed to need to fire people. For example, they wanted to be able to fire people for having any criminal convictions, regardless of whether the conviction affected the work. As negotiating committee member and rock star Anthony Koutsos said, "That's damn draconian!" It boils down to a basic difference in world-view. We assume that workers will be more productive if they are treated well and treated like intelligent beings who want decent lives. Those who own ProMess (owner Joel Ritch, Taylor-Price manager Michael Price, and general manager Jamie Myers) seem to believe that their employees are all lying, incompetent thieves who perform best when they're subjected to frequent fatigue, abuse, and humiliation. The lawyers from Littler Mendelson, one whom we affectionately call "Dr. Death" although he is technically an un-dead zombie, don't seem disposed to contest this outlook. The company has insisted that the negotiations take place in the evenings and no more than twice a month. They would like to drag this out as long as possible and have made it clear to us that settling a contract is not important to them. However, night bargaining has meant that workers can come to the negotiations to learn for themselves exactly how little their employer thinks they're worth. Consequently, soon we will have to escalate our battle. Everyone in the messenger community can help by calling 1-800-PRO-MESS and telling Joel Ritch to stop his foot-dragging and treat us with respect.

-NATO GREEN

CDT UPDATE

BY SERENITY ENRIQUEZ

ARE YOU READY FOR IT?

The New Year is here, and our training is near. The Courier Disaster Response Team will be holding it's second meeting on January 9, 2002 at 6:30pm in the union hall at 255 Ninth Street. Please attend so that you may input your thoughts and ideas. Please bring any questions, hesitations, suggestions, etc.

Starting January 26th, our NERT (Neighborhood Emergency Response Team) training will start. We convene at the SFFD Training Division at 19th street and Folsom. Please be there by 9:30am and expect to stay until 3:30pm. We will then train for the next three Saturdays, graduating on February 9th. If these dates are inconvenient, please visit www.nertnews.com or call 415-558-3456 for the NERT class schedule.

Thanks to the SFBMA, I am now a First Aid/ CPR Instructor. I will hold a certification sometime in January or early February once I pull together all the necessary resources. While

most classes cost around \$60, I hope to hold these classes at cost for less than \$30. I will try to make this as accessible as possible, and hope to see YOU there!

Our CDT Alley Cat held in December, was a successful disaster simulation. Freeway of SF and Paul Freedman of Xccesscycle hold first place tie-in. Nicole McMorrow came in third, Michael Crane came in fourth, and Monique Tran AKA ERoadkill, came in DFL! Look for the next one in February. Thanks to the SFBMA, OES, SFFD NERT, MERC, SF EMS, and all of our great checkpoint volunteers! And thanks to TIMBUKTU for donating some great prizes!

For more information please e-mail SF_CDT@yahoo.com or call 415-430-12699* 8768. You can also visit www.it.isdan-gerous.com.

Serenity Anne Enriquez #KG6HIP Courier Disaster Response Team of SF
760 Market #315 SF,CA 94102
<http://www.It.IsDangerous.com>
415-430-1269x8768 VM
415-807-3416 Pgr.

POP QUIZ!! ANSWERS FROM ISSUE #24

POP QUIZ!!#1: YOU MAY RECOGNIZE THIS SMILING MESSENGER, BUT CAN YOU GUESS WHERE HE IS STANDING IN THIS PHOTO?
ANSWER: THE WALL!

POP QUIZ!! #2! DO YOU RECOGNIZE THESE BIKE STUDETTES? QUESTION WHICH FAMOUS BIKE AD IS IT?
ANSWER: MICHELIN AD



Photo: Stephanie/Eroler

! NEW POP QUIZ !!

JAN '02 POP QUIZ!!#1 TRUE ENOUGH, THIS MESSENGER MAY LOOK FAMILIAR, BUT CAN YOU GUESS HIS STAGE NAME?
ANSWER: IN THE NEXT COGNITION

JAN '02 POP QUIZ!!#2 EVER WONDERED WHAT JR.'S LEGAL NAME IS? GUESS AND PERHAPS BE A QUIZ WINNER!?
ANSWER: IN THE NEXT COGNITION

2001 in Review



Setting up for the Finals, CMWC 2001- July Photo by Nice Tim



Messengers Traveling from Vienna to Budapest- July '01 Photo by Nice Tim



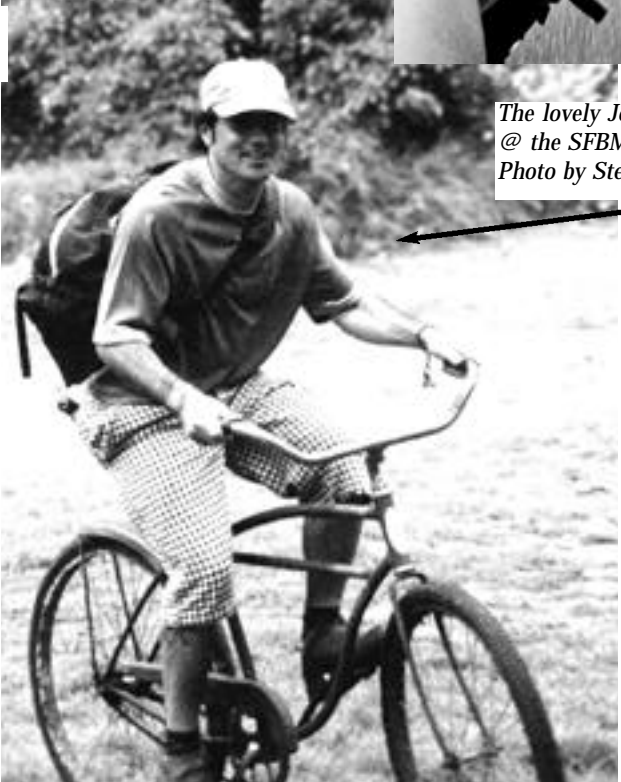
Kevin cooling down with an ice cream treat during the Unicorn & Barbwire Alley Cat- Sept. '01 Photo by Becky



Richie and a couple of S.F.'s finest @ Unicorn & Barbwire Alley Cat- Sept. '01 Photo by Ali



Messengers on way from from Vienna to Budapest- July '01 Photo by Nice Tim



The lovely Joe Corio cruising in @ the SFBMA Picnic Photo by Stephanie Broiler



Bones sending his love Photo by Ali



Nice Tim and Ben @ Cupid Annual Party February '01 Photo by Chalkhead



Chalkhead, Bernie, Rev. Jim & Jason Whitehead @ BIXS Traxs Resistance in Vienna Austria- Photo by Nice Tim



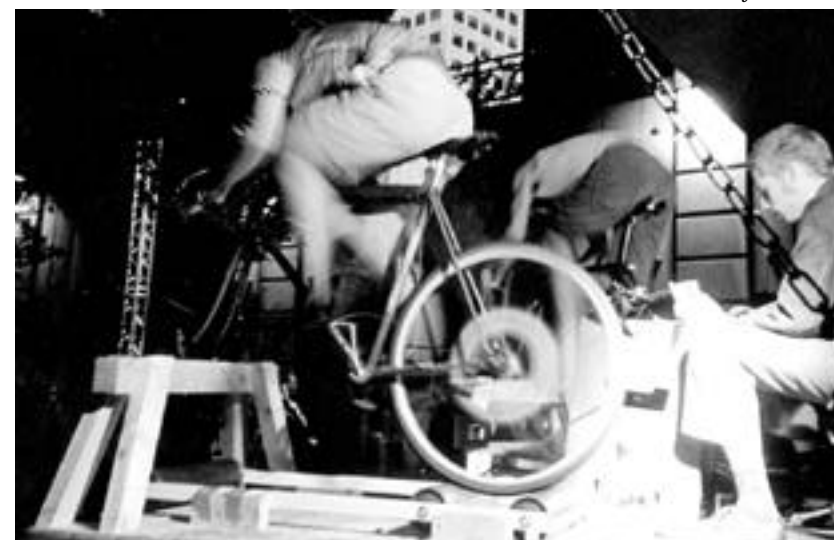
SF Grand Prix, September '01 Photo by Nice Tim



SF Grand Prix, September '01 Photo by Nice Tim



SF Grand Prix, September '01 Photo by Nice Tim



The Goldsprints Competition @ BIXS Traxs Resistance in Vienna Austria- July '01 Photo by Nice Tim